



HSR Psychology

Happy, safe, ready psychology

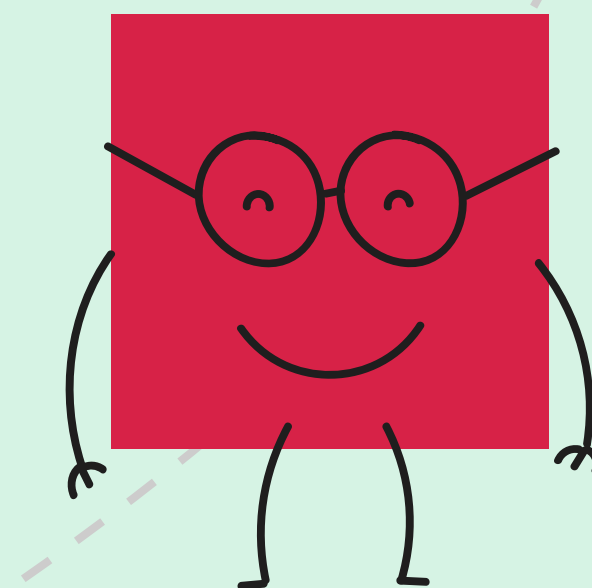
Clinical and educational psychology
services in the North West





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Happy, safe, ready psychology

Clinical and educational psychology services in the North West

We maximise the wellbeing and potential of children and young people by providing immediate access to a broad range of clinical, educational and child psychology services.

We provide immediate access to broad range of psychology services to early years, schools, post-16 education providers, parents and carers in North West England.

What does HSR mean?

HSR means, 'happy, safe, ready', as in, 'we believe children and young people should be happy, safe and ready for life's challenges'.

Happy

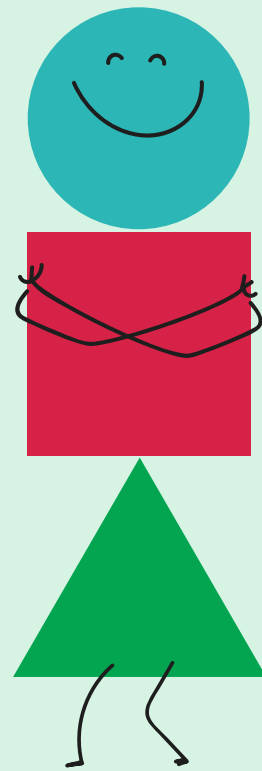
For children and young people to have the opportunity to develop positive relationships and have fulfilling experiences – to have a sense of contentment and wellbeing.

Safe

For children and young people to be and feel safe and secure at home, school, out and about or online.

Ready

For children and young people to be strong and resilient to face life's challenges.



More about HSR



Our vision

Our vision is for all children and young people to maximise their potential by having their needs met at home, education setting and in the community so they can be happy, safe, and ready to cope with life's challenges.



Our mission:

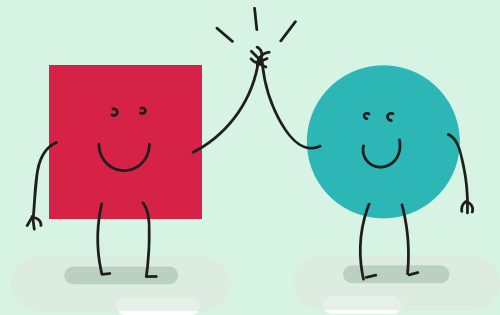
To meet the needs of children and young people at home, in education, and in the community by listening and valuing the views of the child, parents/carers, and education professionals through a holistic child-centred approach.

To support all children and young people in maximising their potential by providing a flexible, consistent, broad and value for money clinical and educational psychology service to early years, schools, post-16 settings, parents and carers.

About us

Our mission is to meet the needs of children and young people at home, in education, and in the community, by listening to and valuing the views of the child, parents/carers, and education professionals through a holistic child-centred approach.

We support children and young people in maximising their potential by providing a flexible, consistent, broad and value for money clinical, educational and child psychology service to early years, schools, post-16 settings, parents and carers.



Immediate access to our expertise

HSR Psychology has a team of child-centred, flexible, supportive psychologists, including clinical psychologists, educational psychologists and assistant psychologists.

Our team work together to provide a holistic and evidence-based psychology service. Find out more about our team.

Our values

HSR Psychology is built on a strong set of values. These values are shared by our team and the clients we work with. Our core values define how we work and can be seen in all we do:

- Child-centred
- Flexible
- Holistic
- Supportive
- Evidence-based

Read more



We believe in the importance of an evidence-based approach that is both professional and cost effective. We value our team's ability to provide a broad range of services and share specialist knowledge.

Services

We provide immediate access to a broad range of applied psychology services to early years, schools, post-16 education providers, parents and carers.

What services do we offer?

We offer statutory, non-statutory and bespoke services such as:

Initial discussion

Take place before assessments and interventions to gather background information, match you with the most appropriate psychologist and create a bespoke action plan.

Specific assessments

We provide a broad range of educational and psychological assessments in order to accurately identify a child or young person's needs.

Transitional services

Transitions refers to a period of change for a child or young person, we carry out assessments that can give an understanding of child or young person's needs at this time.

Reports

We write reports according to your specifications, ensuring that our educational psychology service is as cost effective as it can be.

Interventions

We provide children and young people with the skills they need to fulfil their potential and maximise wellbeing.

Training

We provide parents, carers, and educational professionals with the skills they need in order to support children and young people through training.

Supervision

Our supervision services are flexible, consistent, and competitively priced.



Consultation

We keep the child's or young person's needs at the center of consultations, whilst providing realistic and achievable recommendations to suit all budgets and requirements.

School counselling services

We provide school counselling services which include psychology-led supervision for existing school counsellors.

School services

We work with SENCOs and school leadership teams to provide our educational and child psychology services in schools.

Early years setting services

Our specialist educational and child psychology service is available for children under 5 in early years settings.

Post-16 setting services

We work with young people aged 16 - 25 in employment or further education, including apprenticeship settings.

Case manager services

We provide case managers with instant access to educational and child psychology services.

Solicitor services

We provide solicitors with immediate access to educational psychology services.



Our broad range of clinical, educational and child psychology services are here to meet the needs of children and young people whilst being cost effective.

Conditions

We provide a broad range of screening, assessments and interventions in relation to special educational needs and other conditions.

What types of conditions do we work with?

We work with all special educational needs and medical conditions. We have included the following conditions by name as they are common examples of needs we can identify and address. Common conditions we work with include:

Dyslexia

Dyslexia is a specific learning difficulty related to language. We offer screenings, assessments and interventions in relation to Dyslexia.

Dyscalculia

Dyscalculia is a specific learning difficulty with mathematical concepts. We offer screenings, assessments and interventions in relation to Dyscalculia.

Dysgraphia

Dysgraphia is related to largely illegible handwriting for a variety of reasons. Our assessments and interventions target handwriting to identify and address needs.

Scotopic sensitivity syndrome

Scotopic sensitivity syndrome is also referred to as 'visual stress' and refers to self-reports of discomfort while reading. We offer assessments to identify needs in order to address them.

Learning difficulties

We assess non-specific learning difficulties to identify areas of need and support learning interventions.

Developmental delay

Developmental delay refers to children who are not developing physically, mentally or emotionally at the expected ages. We provide assessments and interventions to identify and address needs.

Self-harm

Self-harm includes self-injurious behaviours and is also known as non-suicidal self-injury. Our specialists offer a range of assessments and interventions to support children and young people.

Eating disorders

Eating disorders impact on an individual's physical, mental and emotional health which is why we identify and address individual needs. Our assessments and interventions aim to improve the mental health and wellbeing of children and young people with eating disorders.

Social communication difficulties / autistic spectrum condition

We assess and provide interventions for children and young people with social communication difficulties and autistic spectrum conditions (ASC). Our assessments identify areas of need whilst our interventions address those needs.

Attention difficulties

Attention difficulties exist for a variety of reasons and may or may not indicate attention deficit disorder. We provide assessments and interventions to identify and address attention needs.

Sensory processing difficulties

Sensory processing difficulties include sensory processing disorder, sensory differences and sensory integration difficulties. Our specialists carry out assessments to identify sensory needs and identify interventions.

Mental health difficulties

We provide specialist assessments and interventions to identify and address needs. Mental health difficulties can affect emotional, social and academic functioning.

Attachment difficulties

Attachment difficulties can impact on many areas of an individual's life. Through identifying needs and addressing them our psychologist can reduce the impact of attachment difficulties on a child or young person's life.

Adjustment difficulties

Adjustment difficulties are sometimes known as 'situational depression' circumstances, including major life changes. Accurately assessing adjustment difficulties can lead to effective interventions being put in place to address individual needs.

Developmental co-ordination disorder

Developmental co-ordination disorder may also be known as Dyspraxia. It affects co-ordination and can make children and young people appear clumsy. We provide assessments and interventions. When needs are identified they can then be appropriately addressed.

Obsessive compulsive disorder (OCD)

OCD is a mental health difficulty which involves repetitive intrusive thoughts along with an irresistible urge to carry out a specific action or ritual. We provide specialist interventions for OCD.

Trauma

Trauma can be caused by a single event or a sequence of events, and leads to a number of mental health challenges. Our specially trained psychologist provide therapeutic interventions to children and young people who have experienced trauma.

Foetal alcohol spectrum disorders

We identify and address needs identified with foetal alcohol spectrum disorders (FASD) and foetal alcohol syndrome (FAS). Our holistic approach provides an accurate representation of needs.

Phobias

Phobias are an anxiety disorder and can significantly impact an individual's life. Phobias lead to irrational fears and can be eased through therapeutic interventions.

Hyperlexia

Hyperlexia can present in various ways and the most common is a strong, untaught ability to read alongside a fascination with letters.

We work with children and young people with all levels of identified and unidentified needs. Identifying needs in relation to a condition usually involves aspects of multiple assessments which is why we have these assessment packages. Interventions may be provided by a member of our team or, following training, by parents, carers and education staff.



We provide immediate access to a broad range of child psychology services to early years, schools, post-16 education providers, parents and carers.

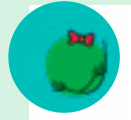
Who we work with

At HSR Psychology we believe everyone should have access to a high quality clinical, educational and child psychology service. Our services are accessible to all education settings, parents, carers, independent providers, professionals, charities and local authorities.



Children and young people

At the centre of everything we do, is the child or young person. We provide early access to assessments and interventions for children and young people for a range of needs that affect them at home, school and in the community.



Parents and carers

We work with parents and carers by providing educational and child psychological input.



Schools

We work with schools onsite to provide a specialist, cost effective and responsive service.



Post-16 education

We provide clinical, counselling and educational psychology services to all types of post-16 education and training providers.



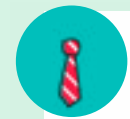
Early years settings

We work in early years settings and work with children under five years old in order to provide a responsive service to emerging needs.



Education professionals

Education professionals are in a strong position to make a long lasting and positive impact on students' lives.



Local authorities

We provide local authorities with immediate access to our specialist clinical, educational and child psychology services.



Health professionals

Special educational needs and disabilities have an impact on all areas of life; they are not confined to the education setting.



Governors

Viewing the school from an independent and impartial perspective allows governors to be visionaries as well as being able to identify a need before the school.



Charities

Our specialist psychologists work with charities in education settings, the community and homes.



Solicitors

We support solicitors and the court on matters of expertise within the fields of clinical, educational and child psychology.



Case managers

We work with case managers on a collaborative basis and provide specific case manager services.



Psychologists

We offer a range of flexible supervision options for psychologists to fit around all schedules.



Parent partnerships

We are passionate about supporting parents and carers in having their voices heard, especially when it comes to their child's needs within educational settings.



Adoptive families

We work with adoptive families through providing adoption support fund services in addition to educational and child psychological input.



Initial discussion

An initial discussion refers to the process of reviewing information to decide on a plan of action.

The information reviewed during an initial discussion may include; medical history, birth history, developmental history, areas of concerns / strengths, history of previous health or education input (including any reports). We would gather this information at the initial discussion through speaking with parents, carers, education staff or the young person themselves.

The initial discussion is often your first contact with a psychologist from HSR Psychology, and will take place following a referral. The information from the initial discussion will help us make the most appropriate recommendations. This may include recommendations for specific; assessments, interventions, training, services and which of our team should be involved.

When would someone need an initial discussion?

Individuals who are interested in any of the following services would require an initial discussion:

- Assessment and interventions for specific conditions
- Specific assessments
- Reports
- Interventions
- Supervision
- Transition services

When would an initial discussion not be needed?

Initial discussions are not required, but may be requested, for our following services:

- School services
- School counselling services
- Early years setting services
- Post-16 setting services
- Consultation
- Case manager services
- Solicitor services

Arrange an initial discussion

Arrange an initial discussion to find out how we can benefit your education setting. The initial discussion lasts 2 hours and is a starting point to identify needs.

- ✓ **No waiting lists**
- ✓ **Experienced psychologists**
- ✓ **Includes recommendation summary**



Book now



Our process

At HSR Psychology we ensure that we meet the needs of children and young people. To achieve this we ensure that any specific assessments, intervention, or direct work, is only carried out following an initial discussion.

An initial discussion allows us to understand the background and your expectations of our involvement. Having an initial discussion ensures any services we provide appropriately identify or address needs.

Our process for any specific assessments, intervention, or direct work is as follows:

Step 1: Contact us

Step 2: Arrange an initial discussion

Step 3: Review our recommendations

Step 4: Let's get started

What happens after an initial discussion?

Following the initial discussion we will provide you with appropriate recommendations. This will be provided in writing via email.

Recommendations may include:

- An assessment to identify needs
- An intervention
- Putting strategies into place
- Meetings / reviews
- Training
- Which of our team members should be involved
- Signposting to other services
- No further input

We will also provide costings of the recommendations. All subsequent work involving our team will be discussed and arranged as appropriate. Our services can take place at home, in school and in the community, this includes our clinic spaces across Greater Manchester.

To find out more, or to arrange an initial discussion please **contact us**.

Testimonials



“ Once again thank you for all your help and for actually listening to me when others wouldn't. ”

★★★★★

Jodie Parent



The HSR team are both approachable and professional. Our teenage son found the EP friendly and she explained the process of assessment clearly to him. The report is well written and the results and advice given thorough and clear. They liaised with school well. I have no hesitation in recommending HSR Psychology. ”

★★★★★

Hilary Parent



“ I think the work you have been doing has been great to help break the stigma of mental health and as a fellow sufferer I know how important that is. ”

★★★★★

Mental health professional



Thank you Julie once again for the excellent report, it captured the child's needs entirely - SENDIASS, parents and me commented on how well written it was. Many thanks for your continued assistance. ”

★★★★★

SENCO



Many thanks for Sarah W's hard work with our students which has been very well received. ”

★★★★★

Deputy Head



“ I want to say thank you to Bridie and Sarah W for listening. It was a really informative session and thank you so much for getting the letter and recommendations over to me as quickly as you have done. ”

★★★★★

Katie Parent

Prices

We aim to be as transparent as possible with all our pricing. Our services are charged by the hour.

General psychology services

only
£130
/hour

Qualified psychologist

The price for services from an educational, clinical or counselling psychologist is **£130** per hour. All our psychologists have lots of experience working with children and young people and are members of the HCPC.

only
£75
/hour

Assistant psychologist

The price for services from an assistant psychologist is **£75** per hour. All our psychologists have lots of experience working with children and young people and are supervised by our qualified psychologists.

Travel charges are calculated on an individual basis and included in quotations when necessary.

Initial discussion

Most services require an initial discussion which costs £180.

Arrange initial discussion

Arrange an initial discussion to find out how we can benefit your education setting. The initial discussion lasts 2 hours and is a starting point to identify needs.

only
£300

Insurance

Generally clinical psychology is covered by most private medical insurance, however, educational psychology may not be. We work with lots of private medical insurers including:



Education setting services

only
£129
/hour

Qualified psychologist

The price for services from an educational, clinical or counselling psychologist starts from **£129 per hour** this means that a full day would cost **£900**. All our psychologists have lots of experience working with educational settings.

only
£65
/hour

Assistant psychologist

The price for services from an assistant psychologist starts from **£65 per hour**, this means that a full day would cost **£455**. All our assistant psychologists have lots of experience working with children within educational settings. All our assistant psychologists work is supervised by our qualified psychologists.

When we provide services to education settings the price along with any terms and conditions will be agreed in a service level agreement. Prices for service level agreements start from £550 a day or £79 per hour for psychologists and £275 a day or £39 for assistant psychologists.

Medico-legal services

Qualified psychologist

The price for medico-legal services from a suitable experienced educational, clinical or counselling psychologist is £135 per hour. Our psychologists have lots of experience working with children and young people undergone additional medico-legal training.


only
£225
/hour

Free initial discussion

We provide free initial discussions to education settings as part of our cost effective service. Specific services may be discussed in order to provide an accurate for our specialist psychological input.




Book now



A woman with blonde hair, wearing a red and black patterned shirt, is smiling and looking down at a large, colorful map or document. A man with short grey hair, wearing a blue and white striped shirt, is also looking at the map. A child's hand is visible in the foreground, holding a blue pen. The background is slightly blurred, showing some greenery and a red railing.

Provide parents, carers, and education professionals with the skills they need in order to support children and young people.

Contact us

 Phone: 0161 820 9229
 Email: office@hsrpsychology.co.uk
 Website: hsrpsychology.co.uk

Facebook: www.facebook.com/HSRPsychology
Twitter: www.twitter.com/HSRPsychology
LinkedIn: www.linkedin.com/company/hsr-psychology
Instagram: www.instagram.com/hsrpsychology

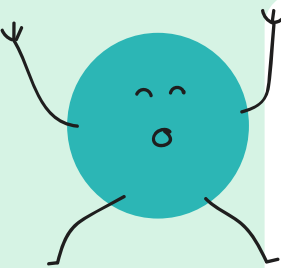
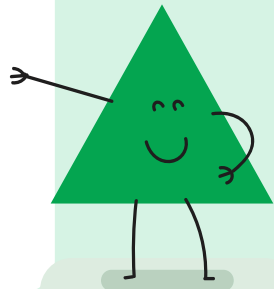


Locations

We are primarily based in central Manchester, although we also have a location in Sale upon request.

Deansgate, Manchester City Centre:

3-5 St John St
Manchester
M3 4DN



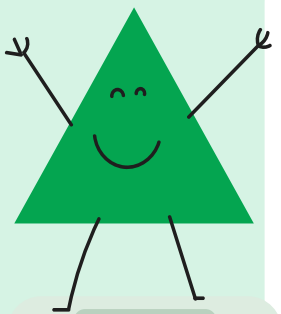
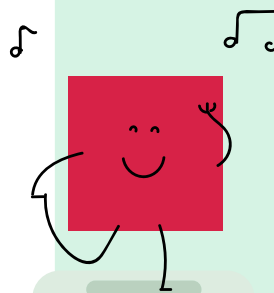
Piccadilly, Manchester City Centre:

6 Minshull St
Manchester
M1 3ED



Sale, Cheshire:

17 Claremont Rd
Sale
M33 7DZ



Water's Edge:

2 Hagley Road
Salford
M5 3EY



Make a Referral

Make a referral...

Please choose your type of referral:

Self-referral

For young people aged 16-25 in education, training or an apprenticeship.

Make a referral 

Parent / carer referral

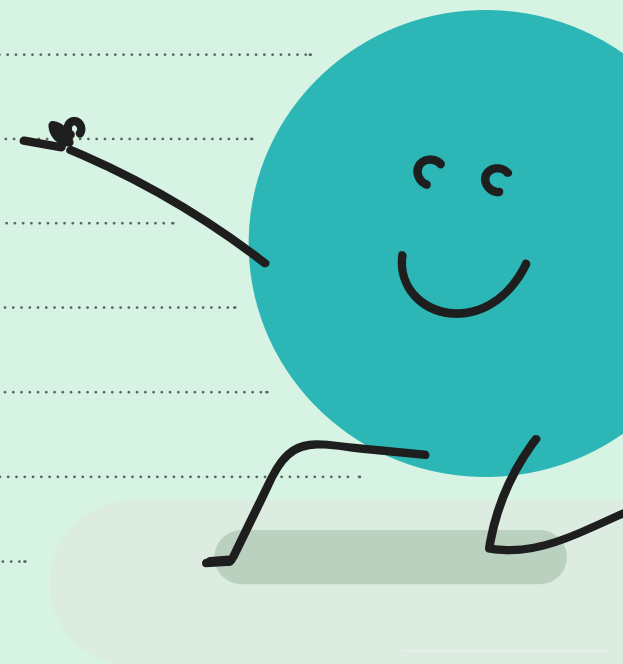
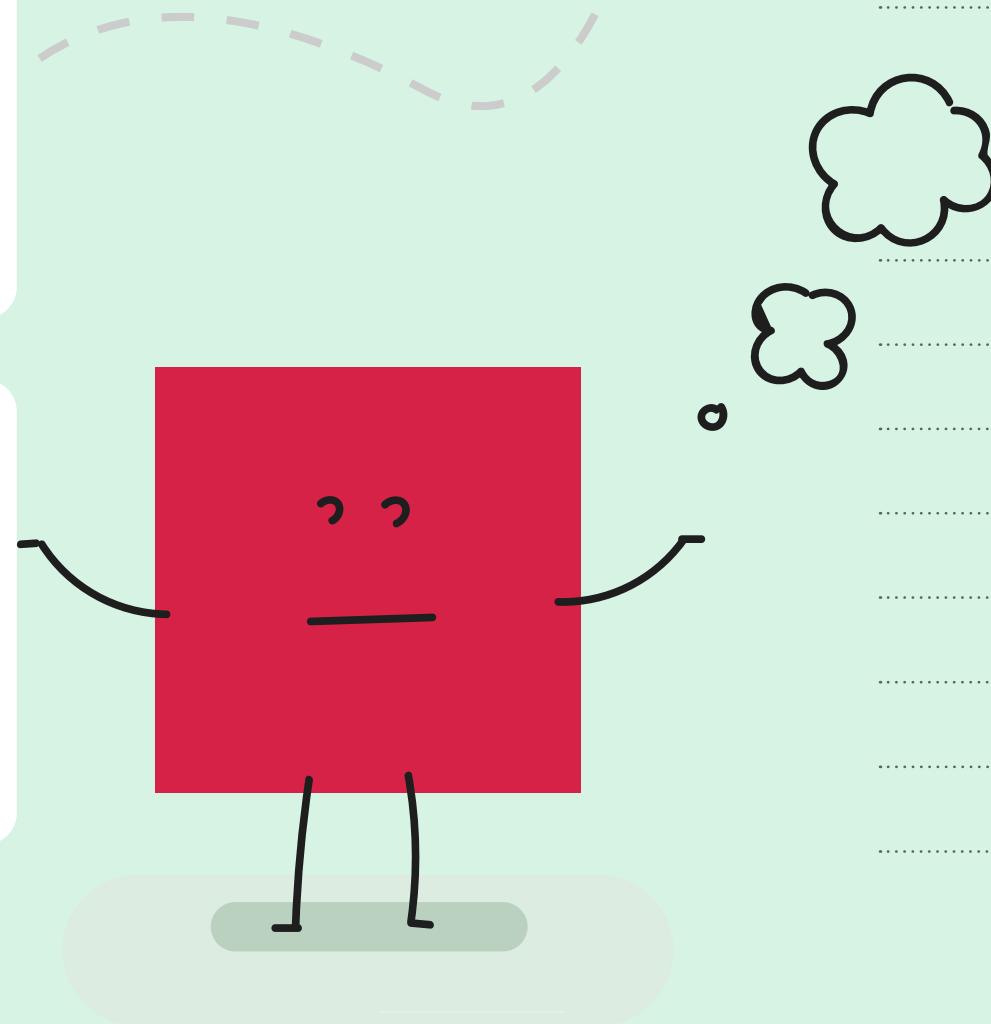
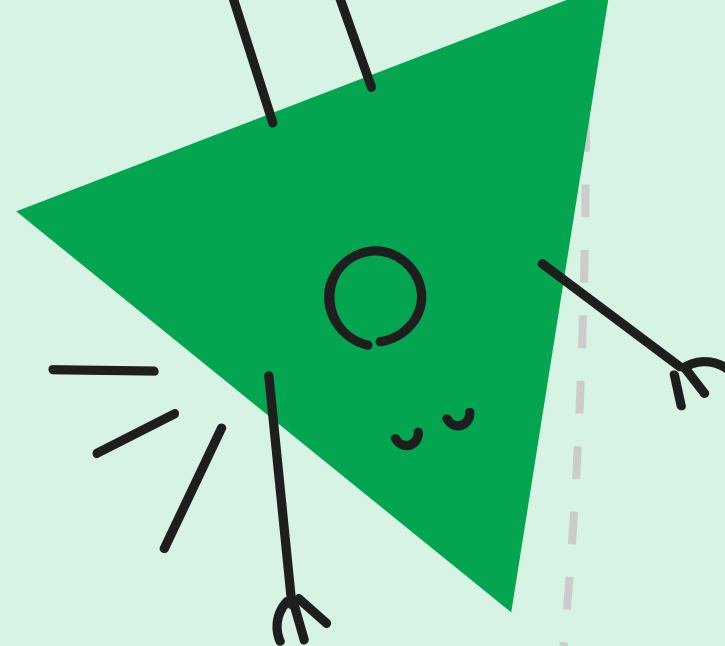
To refer your child.

Make a referral 

Referral on someone's behalf

For education settings, professionals or organisations.

Make a referral 





hsrpsychology.co.uk