



happy. safe. ready.

We are looking for a...

# Trainee Counsellor



## Job info

HSR Psychology is part of the Tx Group: a growing private therapy organisation, providing a variety of health and education therapy services in the North West of England.

HSR Psychology is a not-for-profit social enterprise, providing psychology-led services in the North West of England. HSR provides clinical, counselling and educational psychology services to individuals and educational establishments. We work with children and young people to maximise wellbeing and potential by providing immediate access to a broad range of psychology services. HSR believes all children and young people should have their needs met at home and in the community so they can be happy, safe and ready to cope with life's challenges.

We have placement opportunities for Trainee School Counsellors to work with our team, in both schools and clinic settings in the North West of England.

The roles will involve working in a school setting, helping children to utilise a range of positive mental health strategies to maximise their emotional wellbeing and build resilience. The roles will include 1:1 and group therapy sessions, completion of assessments and the delivery of early / preventative intervention techniques. Responsibilities also entail providing support, guidance, training and advice to parents, carers and schools. The successful applicant will be supervised in their role.

This role would be suitable for a student studying for a degree in counselling, psychotherapy or play therapy who is looking to complete required contact hours working with children and young people.

## **We're a mindful employer:**

**We are a signatory to the 'Charter for Employers who are Positive About Mental Health'. As such we are committed to working towards the following principles:**

- Increasing awareness of mental health**
- Good practices not 'great promises'**
- Safe people and friendly places**
- Commitment to change**

**[Read More](#)**

we believe children  
and young adults  
should be **happy**,



they should be  
**safe...**

and we think they  
should be **ready**.



## The ideal candidate

The successful applicant must meet the following requirements:

- Be in the process of becoming a Qualified Counsellor - on a course / completed course but with placement hours outstanding
- Working towards BACP or UKCP membership
- Experience working with children and young people

Our ideal candidate will be a personable individual with a calm, sensitive and patient demeanour. They will be approachable, non-judgemental and able to quickly gain the confidence of and build rapport and trust with children and young people, demonstrating respect for the confidentiality of the client counsellor relationship. They will have a good knowledge of mental health and wellbeing issues and be well informed of prevailing concerns in children and young people's lives.

The successful candidate will have excellent observational and listening skills, along with strong verbal and written communication skills in order to facilitate the delivery of the highest quality service. They will be confident in delivering and facilitating interventions, training and advice to groups and individuals. They will be conscientious, highly organised and able to prioritise their workload appropriately. They will be confident working both independently and within a team and will have a flexible and innovative approach.

Due to the travel requirements of the role, this position would be most appropriate for an individual with a driving licence and access to a car.



**We provide each child and young person with the skills they need to maximise their potential.**



# What does it take to be successful in this role?

To be successful within this role you would need to:

- Have a positive impact on the lives of children and young people by empowering them.
- Build a strong rapport with the children, young people, families and professionals you work alongside.
- Be motivated by making a difference to the lives of children and young people.
- Provide a consistently high standard of counselling for the children, young people and schools you work with and achieve tangible results.
- Have impeccable communication skills in order to provide clear support and training to relevant parties.
- Work well both independently and as part of a multidisciplinary team.
- Practice with a holistic approach.
- Be flexible in your approach and adapt to a variety of circumstances and requests, according to needs.
- Act as a champion for HSR Psychology.



**We provide immediate access to broad range of child psychology services to early years, schools, post-16 education providers, parents and carers.**



## Why us?

At HSR Psychology we believe that looking after our employees and providing them with an enjoyable working environment is an important aspect to a successful organisation. If you are successful in this application process, you will be able to enjoy:

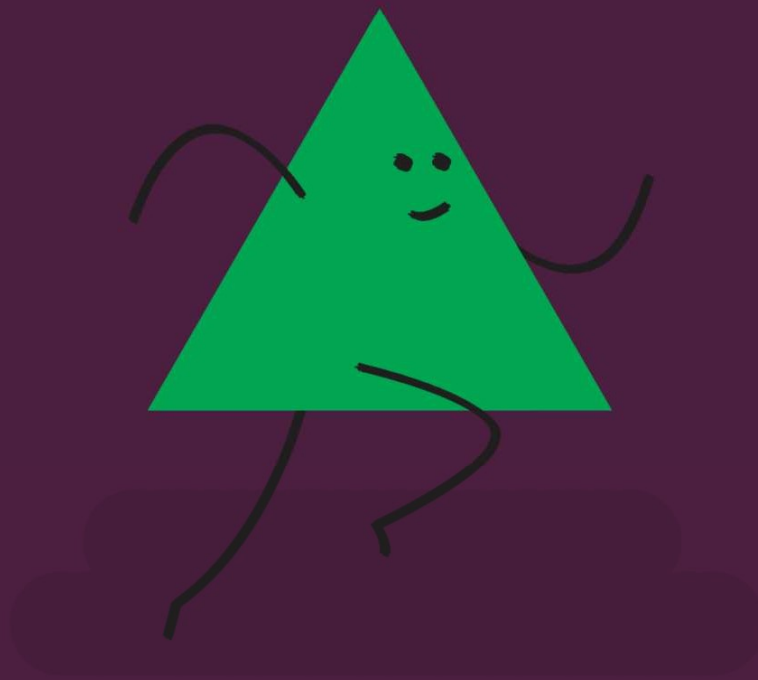
- Working for an innovative organisation that puts children and young people's needs first.
- Being part of a supportive team.
- Multidisciplinary links with assistant psychologists, clinical psychologists, speech & language therapists, occupational therapists, mental health professionals and specialist teachers.
- Opportunities for school based work, as well as work within a private setting.
- Flexibility in hours.





happy. safe. ready.

**We believe that children and  
young people's needs belong at  
the centre of everything we do.**



## Apply now

To apply for this position please send your CV along with any covering information to:

[careers@hsrpsychology.co.uk](mailto:careers@hsrpsychology.co.uk)

Alternatively, if you have any questions regarding the role please contact us using the methods below:

Call us on: 0161 820 9229

Address: HSR Psychology, 3-5 St John St, Manchester, M3 4DN

Follow us on social media:



Part of Tx Group