



How are things?

Date: / / **20**

Time: h m

Below is a questionnaire which is going to ask you how you feel. There are no right or wrong answers. You should just pick the answer which is best for you. For example, we might ask "I feel happy", and then you will have to mark one of the options that say "Never", "Sometimes" or "Always"

		0	1	2
1	I get very angry	Never	Sometimes	Always
2	I lose my temper	Never	Sometimes	Always
3	I hit out when I am angry	Never	Sometimes	Always
4	I do things to hurt people	Never	Sometimes	Always
5	I am calm*	Always	Sometimes	Never
6	I break things on purpose	Never	Sometimes	Always
7	I bully others	Never	Sometimes	Always

*This item needs to be scored in reverse, i.e. Always =2, Sometimes=1, Never=0
Clinical banding is based on scoring of first 6 items only.

NHS ID:

Service allocated
case ID

SUM:

